



down's syndrome oxford

Newsletter • April 2018

From the Chair

Welcome to the latest issue of the DSO Newsletter.

Again, filled with reports and photos of



fun events for all age groups, such as a visit from Singing Hands and visits to not one, but two pantos at Christmas. You'll also find articles about training that took place recently for parents and staff and for our children, the Primary Development Groups. It is all enjoyed and appreciated by many. We would like to continue to organise it all and more.

But ... we do need to raise quite a lot of money to be able to keep going the way we are! That is why we have a very active committee putting together a fantastic event, the 21- Walkathon to be held on 9-10 June. If you have signed up a team and have started raising money already, thank you very much for your support! If you haven't got a team,

but would like to help us out, please come along to cheer on the teams who will be relay walking for 21 hours non-stop. There'll be lots to do, see, hear, eat and drink. And, of course, buy and sell raffle tickets! Read all about it on pages 4, 5 and 6.

Please also have a look on pages 2-3 where we explain what's happening with the new data protection laws and how it affects your DSO membership. Please keep an eye on your email, and if you don't have email, read the article to find out how you need to get in touch with us to continue to support us.

And last but not least, we need volunteers for the roles of Chair, Treasurer and Secretary to take over from me, Sarah Fonge (Treasurer) and Emma Smith (Secretary) as we are all standing down at the AGM in June. Please see the ad below and get in touch if you are interested. We need you!

Marion Simon, Chair

DSO NEEDS YOU!



Our **Chairman, Treasurer, and Secretary** will all be standing down at the AGM in June. We urgently need volunteers to take on these roles in order for the charity to continue. If you are interested in taking on one of these roles and would like to find out more, please get in touch with the current post holders:

Chair

Marion Simon
chair@dsoxford.org.uk

Treasurer

Sarah Fonge
treasurer@dsoxford.org.uk

Secretary

Emma Smith
secretary@dsoxford.org.uk

We will be electing roles at the AGM which is taking place on **Monday 25 June** (venue tbd).

Data Protection Laws

Changes to the data protection laws and how this affects DSO members. It's very important that you read the information below. You will be prompted by us to take action over the coming weeks.

Matt & Emily Robinson write:

In line with new General Data Protection Regulation (GDPR), which comes into place at the end of May 2018, Down's Syndrome Oxford (DSO) is required by law to make you aware of how we collect your data and what we do with it.

- The most significant change is that our members must actively consent to DSO holding information about them, and to receiving information from us.
- If you are a Parent or Carer then, as a specific interest charity, by signing up to become a member of DSO in the past it is assumed that you have given this consent.
- However, if you are Friend of DSO, or have a Professional interest in DSO, then it may be that we added your DSO membership at some time in the past, and we now need to take further steps to gain your specific consent. Please watch out for an email coming soon explaining this in more detail.

We want to remind you of the different ways that you can manage your membership, your data and your preferences:

- By logging into your account you are able to adjust your email preferences so you only receive information that you have chosen to receive. At the bottom of every email that you receive from DSO we include a link to this.

- You are also able to cancel your DSO membership at any time by emailing us at membership@dsoxford.org.uk, or by writing to us at the registered charity address. We will then ensure that all data relating to you is permanently deleted from our records.
- If you are having problems with any of this, please email us at membership@dsoxford.org.uk

What Data we hold and what we do with it

- The only data that we hold on you is the information that you give us when you sign up – your name, address, email, child's name and date of birth.
- The data we hold is for DSO use only, it will never be passed on to third parties without your explicit permission.
- DSO may contact you with relevant information from third parties but this will always be done via DSO's Communication Manager.
- Your information is used for communication purposes only.
- If you wish to view the DSO Data Protection Policy, please go to: dsoxford.org.uk/about-us/data-protection

What happens now ...

I already receive emails from DSO

In the coming weeks you will receive a message regarding your membership.

- If you are a Parent or Carer then please look out for the email confirming your membership. **You do not need to respond.** However, we would be grateful if you could check that your membership details are up to date.
- If you are a Friend of DSO, or have a Professional interest in DSO, please look out for our email which **requires your action in order to continue your membership.**

I only receive the paper newsletter from DSO

Please do consider letting us have your email address if you have one. It helps us contact you more easily when we need to, and you will receive more timely information about DSO news and activities. Please email us at membership@dsoxford.org.uk and we can take care of everything else.

However, if you no longer want to receive this newsletter, you need to please let us know, either by emailing us at membership@dsoxford.org.uk or by writing to Matt Robinson, Down's Syndrome Oxford, Barn End, Middle Aston, Bicester, Oxon OX25 5PX

Dressing up for World Book Day



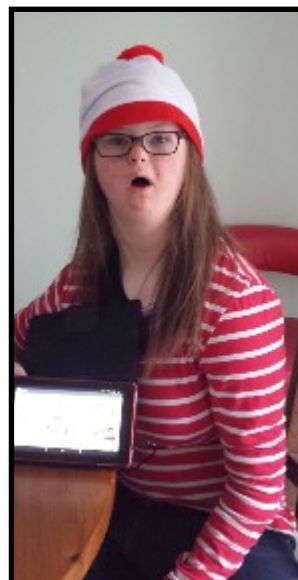
Erin and Lucas Hynds



Thomas and
Rachel Foulds



Ellie Forrester



Lucas Randall





21 A WALKATHON TO RAISE FUNDS FOR DOWN'S SYNDROME OXFORD

Holton Playing Fields

Holton, OX33 1QL

Parking at Wheatley Park Sixth Form Centre



Come and support our relay teams
walking non-stop for 21 hours:
**Midday on Saturday 9 June to
9am on Sunday 10 June 2018**



**FUN FOR ALL THE FAMILY:
REFRESHMENTS // GAMES AND STALLS //
COLONEL CUSTARD (2.30PM - 4.15PM) //
RAFFLE // LIVE MUSIC (5PM - 10PM)**

With thanks to Wheatley Playing Field Trust for donating the facilities

www.dsoxford.org.uk
DSO Registered Charity No. 1103850

21-Walkathon

We are super excited to be holding one of our biggest fundraising event this year, a 21-hour walkathon. It is taking place on Saturday 9 and Sunday 10 June at Holton Playing Fields near Wheatley. Teams will relay walk for 21 hours (representing chromosome 21), starting at midday on the Saturday and finished at 9.00am on Sunday morning. At least one member of the team must be walking on the track at all times during the 21 hours. All team members pledge to raise sponsorship.

Teams have been registering to take part in the event and we're thrilled to now have 20 teams taking part. And even more excited to see some sponsorship money coming in already!

Our brilliant Event Team have been busy planning the event and it's shaping up to be a fun-filled 21 hours! There will be loads going on:

- ⇒ **Colonel Custard** will be joining us at 2.30pm to entertain us with his fantastic show.
- ⇒ There will be lots of **games and stalls** including the old favourites 'Splat a Rat', 'Hook a Duck' and 'Play your Cards Right'.
- ⇒ **Live bands** will be playing throughout the evening to entertain everyone and spur on the walkers.
- ⇒ We've got some fantastic prizes for the **raffle**.
- ⇒ During the night there will be a **silent disco** to help keep the weary walkers moving.
- ⇒ And of course there will be plenty of **food and drink** available to keep everyone energised.

This is going to be our biggest fundraising event since 2009, so **please come along on the day and support us**. Even if you're not part of a team we'd love you to come along to cheer on the teams of walkers and join in the fun. Bring your friends and family, it promises to be a fantastic day out.

Only team members can be onsite after 10.30pm, but non-team members are more than welcome back after 7am on Sunday if they want to join in and support for the last few hours (and enjoy a brekkie bap with our well-deserving walkers!). **Parking for the event is at Wheatley Park School Sixth Form Centre.**

Most importantly this event is about bringing together people to raise much needed funds for DSO and to raise awareness of how the charity supports its members.

If you'd like to find out more, please contact Sarah Fonge
(treasurer@dsoxford.org.uk).

Coming soon! All team captains will receive an event update by the end of the month with more specific details about their team participating in the event.

Event Team Members:

Sarah Fonge

Elsa Gill

Clare McKenzie

Andrew Fearnside

Julie Fearnside

Jos Smith

21-Walkathon Raffle



To raise enough funds to continue with the DSO activities and support you like and appreciate, we are organising a raffle as part of the 21-Walkathon on Saturday 9 June. And we need your help!

- ⇒ In the coming weeks all DSO parents will receive **two books of raffle tickets** in the post.
- ⇒ Each book contains five tickets which **we would like you to sell** at £5 per book or £1 per ticket.
- ⇒ If you think you can **sell more**, please don't hesitate to contact Elsa Gill at elsagill99@gmail.com and she will be happy to send you more!
- ⇒ The letter which you will receive with the raffle tickets explains what to do with the **tickets stubs and money once you have sold them**.

Many thanks for your support in selling these raffle tickets.

If you know of anyone who would like to donate a raffle prize, please get in touch with Elsa Gill at elsagill99@gmail.com

We have some wonderful prizes which have been very kindly donated by various companies in and around Oxfordshire.

Steve Fagg, Store Manager, and Mohammad Shafi, Assistant Store Manager, both at Tesco Cowley, very kindly arranged and **donated two TVs** and they will both be up for grabs!



Here is Steve with Jos Smith and her son Samuel who picked up the TVs on behalf of DSO. Many thanks to Tesco Cowley for their very generous donation!

Other prizes include:

- ◇ a full speech and language assessment with programme by the OWL Centre
- ◇ a small custom portrait (child or animal) by Stacy Fink Mages
- ◇ a Miele vacuum cleaner
- ◇ a family pass to Blenheim Palace
- ◇ a Nest Learning Thermostat (3rd generation) donated by City Electrical Factors
- ◇ a charm bracelet donated by Robert Gatward Jewellers, Abingdon
- ◇ and many more!

We will have a list on our website which we will keep updated as more prizes come in.

Elliot's Shed



Helen Gaffney writes:

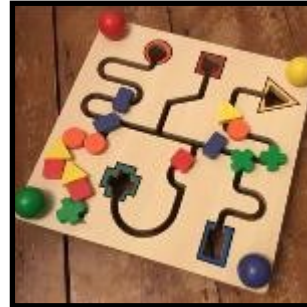
For those who may not yet know, Elliot's shed is a lending resource available free for members of DSO. We now have a number of items out on loan which is really great and we have also recently purchased some fantastic new items.



Little Helper Fun Pod
and chair



Numicon starter kits



Wooden maze game



Counting toy

Items currently available to borrow include:

Seating

- Cushi Tush chairs
- Wooden corner seats
- Breezi/Tripp Trapp high chairs
- Toddler seat
- Fun pod

Transport items

- Major Maclaren pushchair
- Ergo baby sling

Sensory equipment

- New large bubble tube
- Sensory light cube

Toilet equipment

- Toilet step
- Potty chair

Bikes/trikes/scooters

- Bee wheeli bug
- Wooden toddler trike
- Micro scooters
- Scooter with seat
- Large child/young adult trike
- Tomcat Trike
- Weehoo bike trailer
- Small balance bike
- New toddler trike

Toys

- Large wooden kitchen
- Sensory light cube
- VTech play and learn activity table
- VTech baby walker

Baby equipment

- Fisher Price baby gym
- Tiny Love baby mobile

Educational resources

- Numicon starter kits
- Wooden counting toy

Footwear

- Pedro boots

Keep an eye out on the **Elliot's Shed Facebook page** for pictures and full details on all the equipment and resources available to borrow..

To borrow an item:

- ⇒ email the Elliot's Shed team at elliottsshed@dsoxford.org.uk, or
- ⇒ post a request on the **Elliot's Shed Facebook group**.

Ideas for new items:

We also have funds to purchase new equipment so do get in touch if you have suggestions of new equipment that you feel would be a useful addition to Elliot's shed.

Celebrating World Down's Syndrome Day

WDSO received fantastic coverage in the media this year, with the wonderful carpool karaoke video campaign on social media and subsequent features on national news and prime-time TV shows. Here's how our Oxfordshire families celebrated on the 21st March.



LOTS OF SOCKS!





CAKE SALES!



Stefan Wathan ran a cake and coffee fundraiser at Thomas' nursery Forest Hill Farm and raised a fantastic £300 for DSO.



Caroline Ford and friend Nic Harris ran a cake sale at Cutteslowe Primary School. They raised an incredible £374.85.



Singing Hands

On 10 February we were delighted to welcome Suzanne and Lucy from Singing Hands. This is always one of our most popular events and once again we had a great turnout. All the children joined in and enjoyed singing and signing along to the songs. A firm favourite was the 'Rainbow Song' as everyone got a rainbow ribbon to wave.





Training

In January, DSO ran its first training workshop of the year. 'Managing Behaviour: pupils with Down's Syndrome' was a training day for teachers and TAs and as always was very well-attended. The day which was delivered by Julie and Lucy of 'Inclusively Down' explored the many reasons why our children might display certain behaviours at school and provided practical strategies on how to tackle problem behaviours.

In March, we ran a 'Discover Numicon' workshop, this time for both school staff and parents. Jackie Bird who delivered the training, had decades of experience working with children with additional needs before .

discovering and becoming passionate about Numicon. Jackie arrived with a trolley full of Numicon equipment and resources and during the very hands-on day, participants 'played' with the equipment whilst exploring many ways of teaching our children number skills.

As always, I would urge all teachers and TAs to sign up for our email notifications via the DSO website so that you can hear about future training as it is announced. I am also, very happy to hear from members or school staff if there is a topic of training you would like DSO to run in the future.

Elsa Gill, Training Organiser

Lottery



Recent Winners:

December 2017

1st prize - £40.00	Carolyn Walker
2nd prize - £24.00	Miss W Parker
3rd prize - £16.00	Nigel Orman

January 2018

1st prize - £40.00	Sarah Stevenson
2nd prize - £24.00	Andrew Partner
3rd prize - £16.00	Will Foulds

February 2018

1st prize - £40.00	Andrew Partner
2nd prize - £24.00	Emily & Matt Robinson
3rd prize - £16.00	Lucy Sanderson

March 2018

1st prize - £40.00	Carolyn Walker
2nd prize - £24.00	Jo Colehan
3rd prize - £16.00	Ella Terblanche

**A BIG THANK YOU TO ALL
THOSE WHO TAKE PART FOR
YOUR CONTINUED SUPPORT.
WE RAISE £120 PER MONTH!**

Joining the DSO monthly lottery

Each ticket is £5 per month. All you need to do is set up a regular monthly payment to our lottery account and we will do the rest. If you would like to join our lottery please contact **Amanda Foulds** lottery@dsoxford.org.uk

Primary Development Groups

DSO have run three primary development groups in the winter term, all around the county. These groups are aimed at primary school-aged children. They are a way of delivering therapy to the children at the same time as training the TAs and offering support and advice that can be carried over into the classroom.

DSO offer each child the opportunity to have a block of eight sessions each year. The groups are formed around children with roughly the same geographical location, with no more than half an hour travel time, and if possible, similar levels of ability. There is some flexibility with this, however, and lessons are differentiated as necessary.

This term we have used the books *What's Up, Suddenly* and *What's under the bed?* Through these we have targeted vocabulary and language development, extending

knowledge of the world, some reading and comprehension, as well as memory, narrative skills and concepts such as higher and lower.

As we seek to work more closely with the Down's Syndrome and Complex Needs service, in meeting the needs of children with DS in Oxfordshire, their teachers also came out to observe a session at one of the schools. In all, it was a fun term, and we are looking forward to playing games and having fun with more sessions this coming term.

If you are interested in enrolling your child, please keep an eye out for our email in June where we ask you to apply for a space for your child as we will be running these Primary Development Groups again next year.

Colette Lloyd, *Primary Development Group*

In memoriam

Vikki Browne

It is with great sadness that we must advise you all that Vikki Browne passed away on 2nd March. Vikki worked alongside Sandy Alton as a Down's Syndrome and Complex Needs Advisory Teacher from 2006 until 2016.

Her role took her into schools across Oxfordshire where her dedication to her work helped to improve the education of children under her care. She is remembered by many of our families for the great support she gave our children during this period in her career.

We would like to pass on our condolences to all her family and friends.



Pantomime Visits

DSO had trips to two pantos at Christmas.

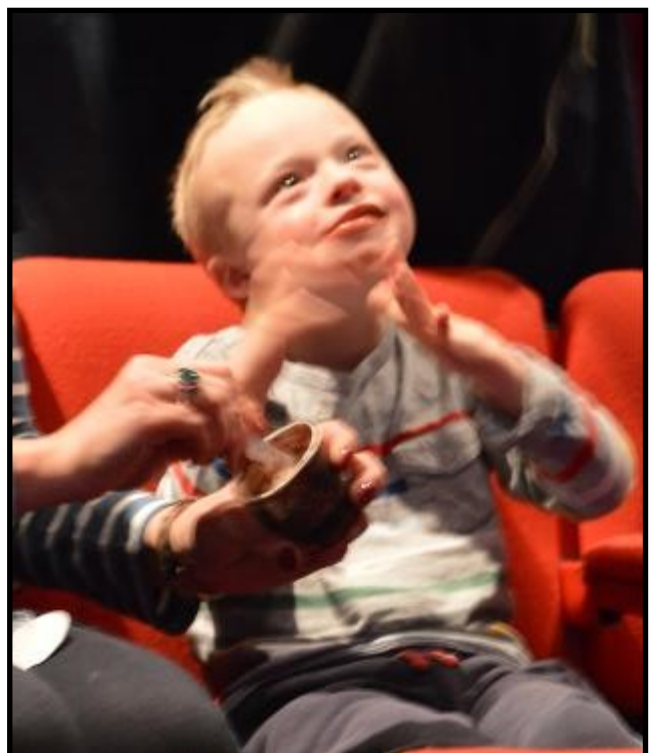
We were kindly offered tickets for *Jack and the Beanstalk* at the Oxford Playhouse by the Oxfordshire Masons. They regularly buy out a whole performance of the panto and 9 DSO families (28 people) were able to attend. All the children were given ice creams and goody bags and a good time was had by all. The tickets were quite last minute but hopefully we will be able to get an allocation next year as this was a fantastic event.



DSO again subsidised tickets for the panto at Reading Hexagon which, once again, featured the brilliant Justin Fletcher. This year's performance was *Snow White* and nearly 100 of our members came along to enjoy the show over two performances (including the very popular relaxed performance). Justin gave a shout-out to DSO during the performance and two of our children (Emma and Kaylah) went up onto stage with Justin during the show. The kids (and adults!) roared with laughter, particularly during the Justin and Dame scenes which are pretty much the same every year.

I'm sure we will be booking tickets again for next year!

Emma Smith, Secretary





Primary Club



In December the primary Club went to visit Santa at Millets Farm. We were treated to a story with a giant polar bear, singing and dancing with Santa's elves and everyone got to make some magical reindeer food. We then all got a chance to meet Santa and have our picture taken. At the end of our visit every child was able to choose a toy from Santa's workshop. It was a fun-filled morning for everyone.

Kelly Stacey, Primary Club Co-ordinator



Campaigning

Non-invasive Prenatal Testing (NIPT)

Colette Lloyd writes:

Why I don't like NIPT

NIPT is a new blood test that is going to be introduced into the NHS care pathway for pregnant women in October of this year. It is a screening test which gives you a probability or chance of your baby having Down's syndrome. It is as safe as the combined or quad test but is more accurate. Instead of detecting 75-95% of cases of Down's syndrome, it can detect 99% of cases.

NIPT sounds great, doesn't it? Safer, more accurate, reliable, reassuring, all those lovely buzz words that fly around whenever it is mentioned. I must be crazy not to be a fan, right? Wrong. Here's why:

1. NIPT is a screening test for a condition for which there is no treatment. The National Screening Committee is the group that approve the screening tests that we are offered for free by the NHS. They don't just offer every screening test that there is. There are strict criteria. One of the criteria, in the air breathing population, is that there is a treatment. Otherwise, why offer it? Increased stress of knowing you have a condition, but no treatment. However, in the antenatal population, this criteria doesn't seem to apply. Why not? It still causes stress. Because abortion is considered the treatment.

2. NIPT is a screening test that has been hyped. NIPT has been commercially developed, we know this has to happen nowadays, because the NHS is so strapped for cash. But what has happened is that it has then been offered on the private market,

with no controls around advertising leading to headlines such as "new blood test is 99% accurate" and "Safer, More Accurate Test for Down's Syndrome". The statistics are tricky, but the test is not safer AND more accurate. It is safer than a diagnostic test, like an amniocentesis, OR more accurate than the current screen. But it is not safer than the current blood test, like the combined test, and it is not more accurate than a diagnostic test.

3. NIPT is a means for disability discrimination. NIPT is used by 90% of parents to treat a baby with Down's syndrome less favourably than a typically developing baby. That is discrimination. By the NHS introducing the test, that is the state sanctioning this discrimination. The Nuffield Council on Bioethics said that NIPT should not be used for gender testing, as it would allow discrimination against female fetuses and they wished to support those campaigning for women's rights. However they did not say that it should not be used for Down's syndrome, thereby sanctioning discrimination against babies with Down's syndrome, and not supporting those who campaign for the rights of people with Down's syndrome.

And finally, a word on choice. Choice is a great thing when you are the one making the choice, it is not so great when you are the one about whom the choice is being made. I don't believe that, for most people, most of the time, having a baby with Down's syndrome is a bad choice. Someone once said, you cannot know if a life has been good until the end. The same goes for our kids.

Raising Awareness

Three Arrows Tattoo

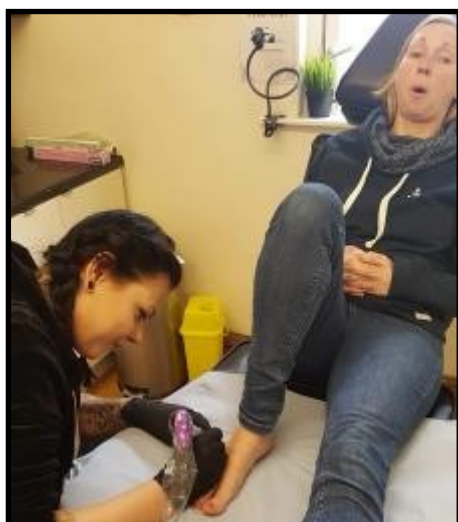
On 3rd March sixteen people from across Oxfordshire who have children with Down's syndrome in the family came together in Abingdon to have a 'three arrows' tattoo, which aims to raise greater awareness about the disability.

The three arrows represent three copies of the 21st chromosome, which people with Down's syndrome are born with, and the arrows symbolise moving forward.

Dubbed the 'Lucky Few Tattoo' on social media, the concept originated in the USA but is now increasingly popular in the UK amongst groups of parents, family members, carers and friends of people with Down's syndrome.

The brave participants had their tattoos done at Acreedo Tattoos and Body Piercings in Abingdon.

Helen Kingdon, mum to Seren aged 8, organised this initiative, and says "I like that it will give me the opportunity to talk about Down's syndrome because it will be quite a visible tattoo on my wrist. People will more than likely ask about it and it will open the door for a conversation."



Our Kids

Celebrating the wonderful achievements of our children



Lauren's prize-winning film

Lauren Rooke, age 8, has won an award for her film in the Henley Youth Festival Film Competition. The film is a celebration of her family and pets.



Kayaking Kaylah!

Kaylah Ford, age 9, loved trying kayaking for the first time with the group KEEN .



Chloe's dance exam

Chloe Sanderson, age 12, recently took her first ballroom dancing exam in which she had to perform the waltz and cha cha cha. She was thrilled to find out a few weeks later that she had passed with honours.



Fantastic gymnastics

Thomas Foulds, age 12, achieved his Level 1 and Level 2 awards for gymnastics.



Drummer Boy Matthew

Matthew started drumming lessons back in summer 2016. He has always had good rhythm and sure enough, in his first lesson he lit up inside! It was a joy to see! Since then, with weekly lessons in term time, he has progressed gradually and will drum along with his teacher playing the piano. Matthew thinks it is funniest to speed up all the time so the teacher has to keep up with him! Matthew has enjoyed learning to count the music in and is learning to stop and restart the beat. He has learned what the different drums do and is able to control the "Animal" inside better than at first! He is highly motivated to go to his lesson and enjoys himself immensely which is a most wonderful thing.



Alexander's Voice in a Million

Alexander Horrocks, age 12, went with other young people from Iffley Academy to sing at Voice in a Million at Wembley Arena in March. Over 100 schools took part in a concert which helps raise awareness of adoption in the UK. Prior to the concert Alexander had been learning the songs, and on the day they were all given a t-shirt. After a very late night Alexander took a well-deserved break off school the next day! ... Not least because the week after that Alexander appeared in his end of term show for Thame Youth Theatre. Alexander played the part of Rumpelstiltskin in a short piece which he really enjoyed.



Shrove Tuesday pancakes

Ellie Forrester, age 14, has been very busy working on her life skills both at school and home and with very little support she cooked her own pancake on shrove Tuesday.

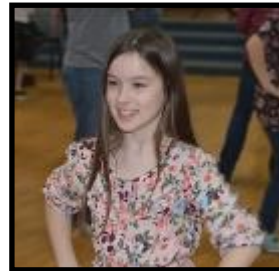


Lucy masters the slopes

Lucy Mitchell-Farmer, age 13, mastered her snowplough turns in the French Alps on a recent skiing holiday. It's taken five ski trips and some hairy moments, but she's got there!

New Year's Party

The annual DSO Christmas party was due to take place in December but mother nature had other ideas and delivered a blanket of snow instead that day! We took the decision to cancel the party and rescheduled it for January. The change of date meant there were a few tweaks to the format, namely no visit from Father Christmas, and slightly fewer people were able to attend but Jeff Lloyd entertained us brilliantly with party games and a disco and, as always, everyone generously contributed to a tasty buffet.





Fundraising and Donations

The following money has been given or raised for DSO in the last few months, for which we're extremely grateful.

Asda Carterton Community
Green Token Scheme
via Netty Lings **£500.00**

SSP Group Ltd
via Shelley Randall **£1000.00**

Harlequins Rugby Club **£60.00**

Coventry Building Society **£154.31**

Caroline Ford
Selling socks for WDSD **£15.00**

The DSO Lottery continues to bring in funds of **£120.00** per month.

A huge thanks also to all those who give regularly to the charity via a monthly standing order.

We have been told there was a lot of fundraising activity around World Down's Syndrome Day so watch this space.

Restricted Donations: Elliot's Shed

Helen Gaffney has worked very hard to build a relationship with Thame Round Table and they generously donated **£500.00** to DSO's project Elliot's Shed.

They also invited DSO to take part in their Thame Town Christmas street collections which generated an additional **£309.38** for Elliot's Shed.

Sarah Fonge, Treasurer



A big thank-you to all our fantastic fundraisers!

And a special thank-you to all volunteers who took to the streets of Thame on a very bitter cold morning in December to accompany Santa and raise money for Elliot's Shed.



Annual Expenditure

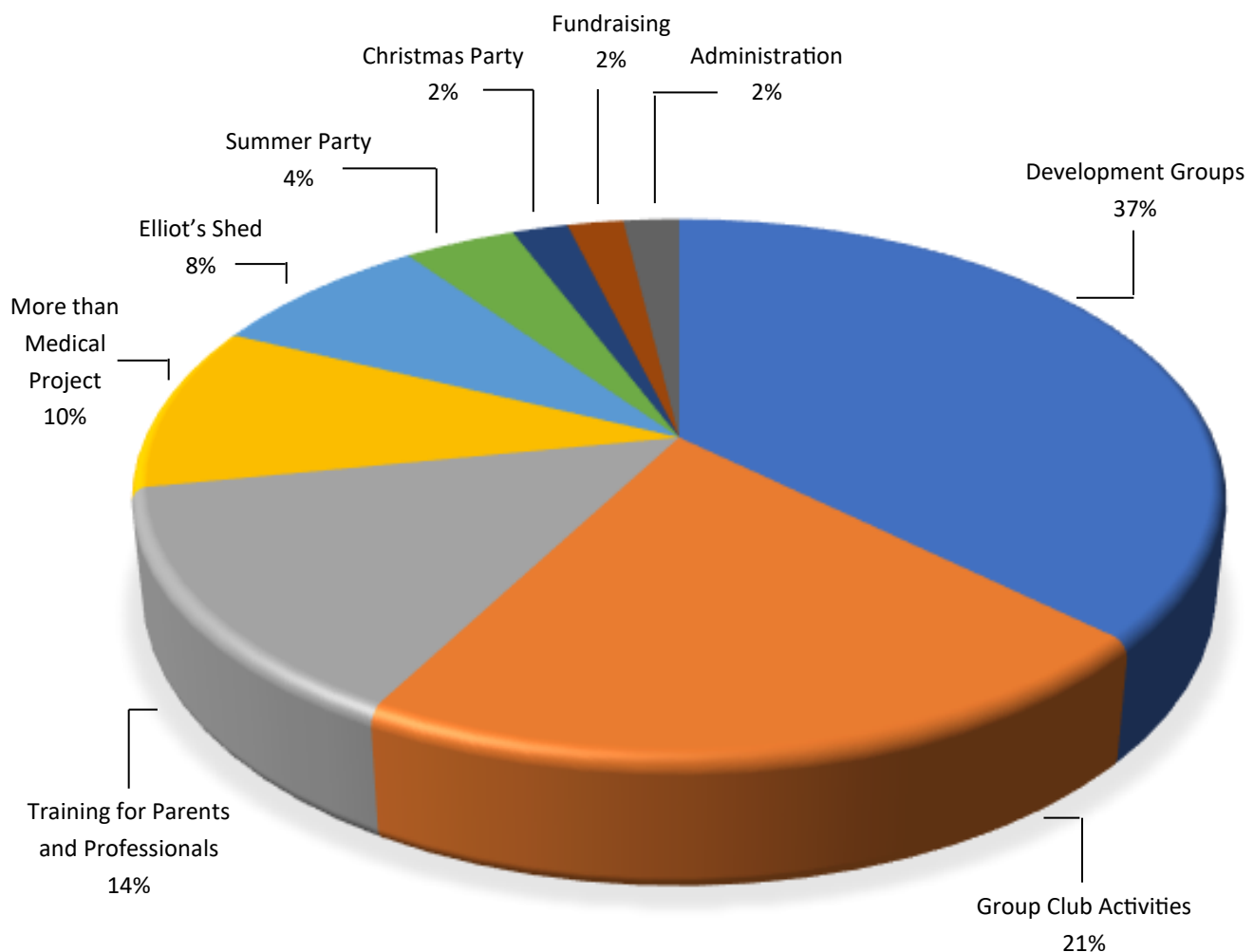
DSO's running cost for 2016-2017 was £27,150. Our income for the year was just over £19,770; a shortfall of about £7,380. The accounts for 2017-2018 will be presented at the AGM on 25 June.

DSO is currently purely funded by donations and fundraising activities mainly brought to the charity by members and their families. The visual below shows a breakdown of how this money is being spent.

The educational support of our members continues to be an absolute priority, this also involves educating the people that support them in their settings and the professionals that support medically. Social activities bring families together giving many an opportunity they might otherwise not be able to obtain. These activities also provide a chance for parents to support each other and learn from each other.

It's vitally important that we continue to actively fundraise so that we raise the money needed to provide support and activities for our members and extended networks. We're hoping that the 21-Walkathon event will be our biggest fundraiser yet. Please do support it if you can!

DSO Expenditure Breakdown 2016-17



Contacts

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Primary Club Co-ordinator

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10+ Club Co-ordinator

Lucy Sanderson
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Early Development Group Administrator

Netty Lings
edgs@dsoxford.org.uk

Early Development Group Leaders

Collette Lloyd (01993 883707)
Sally Dubock (01235 847707)

Elliot's Shed

Helen Gaffney
elliotsshed@dsoxford.org.uk



General enquires email address:

info@dsoxford.org.uk



Website:

<http://www.dsoxford.org.uk>



down's syndrome oxford

Registered charity number: 1103850



Facebook:

<http://www.facebook.com/groups/dsoxford>



Twitter:

[@DownsOxford](http://twitter.com/DownsOxford)



With thanks to First Move Direct Marketing in High Wycombe who generously print and mail our newsletter free of charge.

The deadline for the next edition of the newsletter is Friday 27 July 2018. We welcome text or photos about your child enjoying themselves—not necessarily a DSO event. Please send materials to the editor Lucy Sanderson at newsletter@dsoxford.org.uk